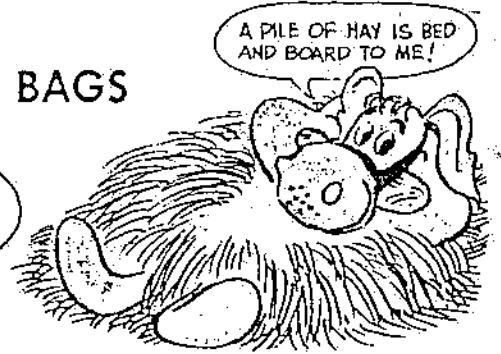


THE PEDRO PATROL

CHECKS ON SLEEPING BAGS



NUMBER ONE CONSIDERATION — WILL IT GIVE ME A GOOD, COMFORTABLE NIGHT'S SLEEP? NUMBER TWO — WILL IT BACK-PACK EASILY AND LIGHTLY?



A PILE OF HAY IS BED AND BOARD TO ME!

SLEEPING BAGS RANGE IN PRICE FROM \$15 TO OVER \$150, DEPENDING UPON TYPE OF CONSTRUCTION, MATERIALS USED, AND INTENDED USE. BUY YOUR SLEEPING BAG FOR THE COLDEST TEMPERATURES YOU EXPECT TO CAMP IN — BUT MAKE SURE IT HAS A ZIPPER LONG ENOUGH TO ALLOW ADJUSTMENT FOR A WIDE RANGE OF TEMPERATURES. THE BAG ALSO SHOULD BE ROOMY ENOUGH FOR YOU TO SLEEP IN COMFORTABLY, AND LARGE ENOUGH SO THAT YOU WON'T GROW OUT OF IT AFTER ONE SEASON.

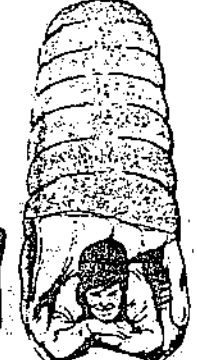
TYPES OF BAGS



RECTANGULAR



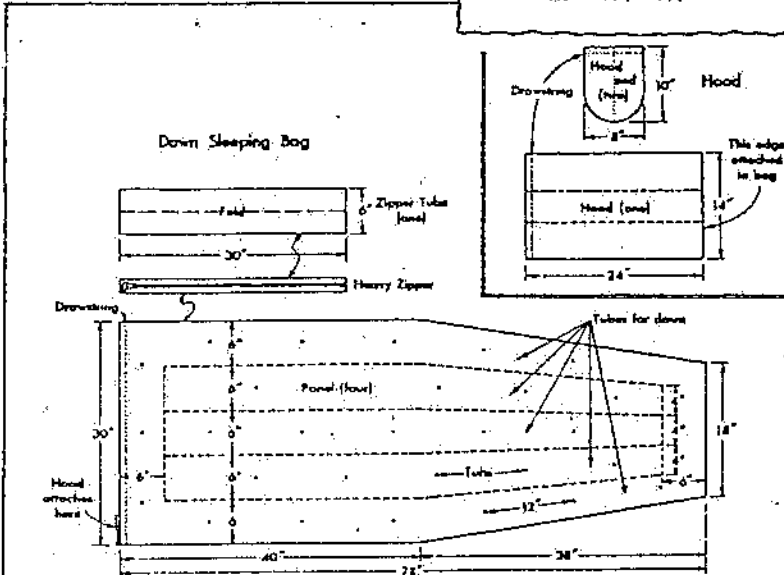
MUMMY



MODIFIED MUMMY



YOU CAN MAKE A DOWN BAG FOR MUCH LESS THAN THE COST OF A STORE-BUGHT ONE. SEVERAL COMPANIES SELL COMPLETE KITS, AND BSA OFFERS PLANS (BL REPRINT NO. 26-04) FOR MAKING BOTH WINTER AND SUMMER BAGS.



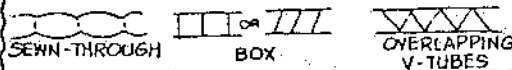
(FROM REPRINT NO. 26-074 "LITERAC CAMPING EQUIPMENT," AVAILABLE FROM BSA FOR 35 CENTS.)

SLEEPING BAGS DIFFER IN THREE MAIN WAYS:

FILLING
 DOWN — WARMEST, LIGHTEST, MOST COMPACT; BUT MOST EXPENSIVE, AND MUST BE DRY-CLEANED.
 POLYFOAM — SLEEPING BAG AND FOAM PAD ALL IN ONE; CHEAPER THAN DOWN; BULKY.
 SYNTHETIC FIBERS (POLYESTERS, ACETATES) — CHEAPEST, WEAR BEST; GOOD FOR WARM TO COOL WEATHER.

SHAPE
 RECTANGULAR — ROOMIEST, BUT BULKIEST TO PACK.
 MUMMY — LIGHT, WARM, BUT TOO RESTRICTING FOR MANY CAMPERS.
 MODIFIED MUMMY — BEST COMPROMISE.

CONSTRUCTION
 SEWN-THROUGH — OK IN WARM WEATHER, BUT SEAMS MAKE FOR COLD-WEATHER COLD SPOTS.
 BOX — BETTER.
 OVERLAPPING V-TUBES — BEST "LOFT" (INSULATION THICKNESS).



IF YOU USE AN AIR MATTRESS, CARRY A PATCH KIT WITH A SMALL TUBE OF PLASTIC CEMENT AND A SQUARE OF HEAVY-DUTY VINYL OR A LENGTH OF SELF-ADHESIVE VINYL TAPE.

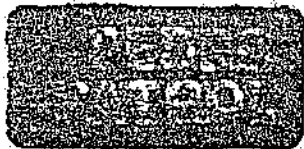


FOAM PADS OFFER EXCELLENT INSULATION IN COLD WEATHER. IN MODERATE TEMPERATURES, A 3/4 LENGTH PAD IS ENOUGH (YOUR LOWER LEGS DON'T NEED A PAD).

AN OLD TRICK IS TO FILL A 3' BY 5' BAG WITH STRAW OR DRY LEAVES OR PINE NEEDLES (FOUND NEAR CAMPSITE).



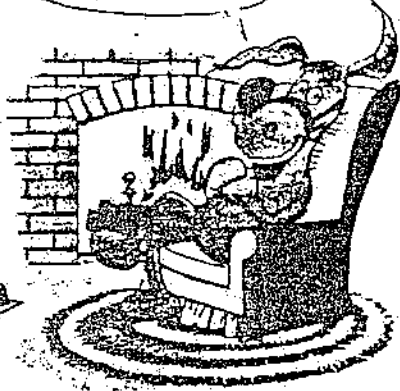
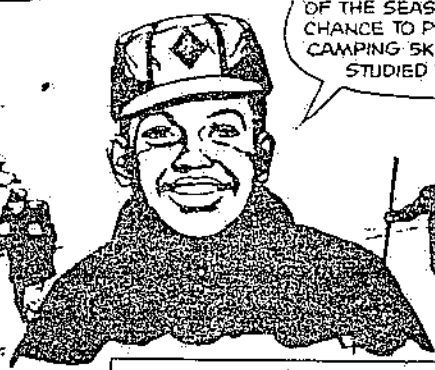
HINTS: ON CLEAR DAYS, TURN YOUR SLEEPING BAG INSIDE OUT AND AIR IT FOR A FEW HOURS. IF YOU GET TOO WARM IN THE BAG, UNZIP IT OR STICK YOUR ARMS OUT TO COOL OFF. IN VERY COLD WEATHER, WEAR A SKI CAP, WOOL SOCKS, AND HEAVY UNDERWEAR. REMEMBER: KEEP INSULATION UNDER AS WELL AS OVER YOU!



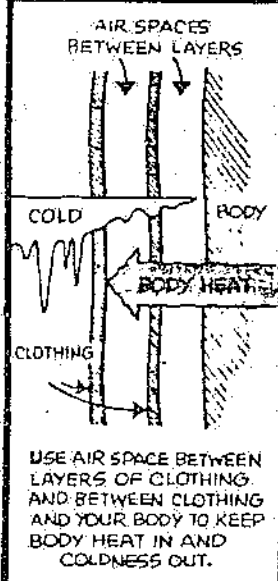
GOES WINTER CAMPING

I FEEL TERRIBLE NOT GOING WITH THE GANG-- BUT I COULDN'T FIND MY EARMUFFS!

THE FIRST GOOD SNOW OF THE SEASON GAVE US A CHANCE TO PRACTICE WINTER CAMPING SKILLS WE HAD STUDIED IN FALL.



SIX HINTS FOR KEEPING WARM



NOT SOUP, HEAVILY SWEETENED DRINKS, CEREALS, HARD CANDY, ALL HELP PRODUCE OR CONSERVE BODY HEAT.

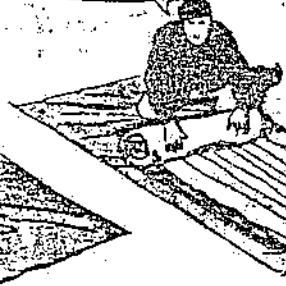
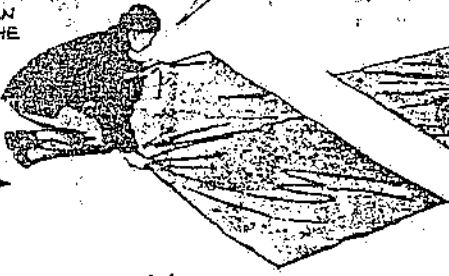
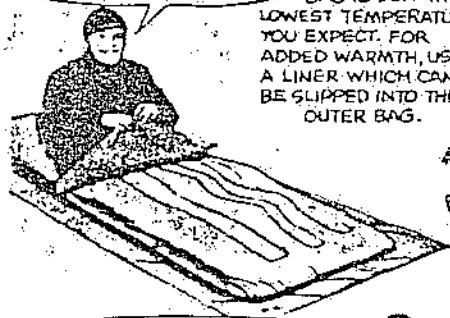
HERE'S HOW TO SLEEP WARM

FIRST: CHOOSE YOUR SLEEPING BAG TO SUIT THE LOWEST TEMPERATURE YOU EXPECT. FOR ADDED WARMTH, USE A LINER WHICH CAN BE SLIPPED INTO THE OUTER BAG.

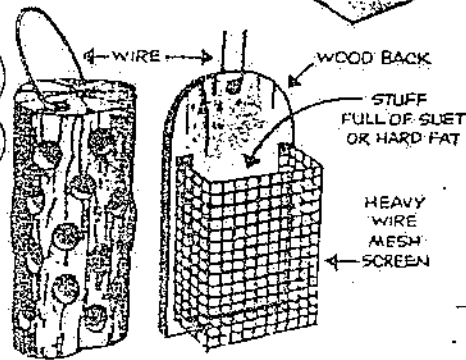
TO MAKE YOUR GROUND BED, FIRST LAY OUT A WATERPROOF GROUND CLOTH. THEN PLACE YOUR SLEEPING BAG ON TOP.

UNROLL YOUR SLEEPING BAG AND FLUFF IT UP JUST BEFORE YOU'RE READY TO TURN IN.

CHANGE INTO DRY CLOTHES AND PRACTICE DOING IT IN YOUR SLEEPING BAG SO YOU DON'T LOSE BODY HEAT. DRY YOUR FEET AND PUT ON FRESH SOCKS.



WE WERE BUSY KEEPING THE FIRES BURNING AND DOING OTHER CAMP CHORES. BUT WE FOUND TIME TO SET OUT BIRD FEEDERS WE HAD BROUGHT.



HOLES WERE DRILLED INTO A SMALL LOG AND THEN FILLED WITH SUET.

WE MADE SOME PLASTER CASTS OF TRACKS IN THE SNOW.



ALL IN ALL, PEDRO PATROL HAD A BUSY WINTER CAMPOUT!